Process Summary CHA 2025-2027



Priority Selection Process Overview



Created: October 2024

Table of Contents

	Data Neview
Phase	Access to Care Review
\sim I	Community Curvey Dev

Data Review

	8-	12

3-7

17-25

Φ	
S	
B	
_	
\Box	

Community Survey Review 13-16

Phase 3

Priority Area Survey 26-30

Resources & Assets Survey 31-41



June 26, 2024

To kick-off the CHA process, CDHD invited partners to a **Data Review** meeting on June 26, 2024 from 1-3 pm. All partners were sent a Data Gallery in advance. The Data Gallery included secondary data from a variety of sources, including the Census, County Health Rankings and Roadmaps, and the Behavioral Risk Factor Surveillance System.

The meeting began with a presentation of data highlights for Central District.

Topics included:

- Vulnerable populations
- Health outcomes and behaviors
- Access to care
- Social determinants of health
- Behavioral health
- Childcare
- Maternal/child health

Data was disaggregated by county, age, race, ethnicity, education-level and income when possible to show similarities and differences between Hall, Hamilton, and Merrick Counties.

After the data review, CDHD facilitated a discussion using the Technology of Participation "Focused Conversation" method to explore deeper meanings of the data. The following pages include highlights from the discussion.

A list of participating organizations can be found on pg. 12.



June 26, 2024

Following the data presentation, participants discussed the following questions:

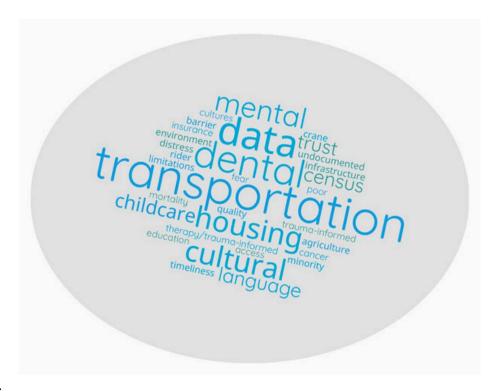
- What data caught your attention?
- What issues are already being addressed by different work groups or community groups?
- What data do you have that could supplement this information?
- What frustrates or motivates you? What stories come to mind when you see this data?
- What else do we need to consider that isn't being reflected in the data?
- Where do you see gaps in our community resources compared to these issues?

The bulk of the discussion revolved around the last two questions. Pages 5 & 6 include a summary of discussion points for both of these questions.



June 26, 2024

What else do we need to consider that isn't being reflected in the data?

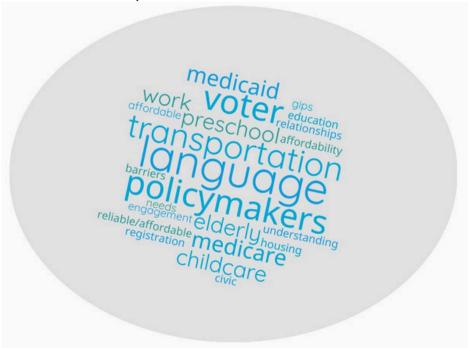


- **Transportation** CRANE requires rider to schedule pick-up both before and after appointments, Medicaid Transportation is unreliable, Action Cab is expensive.
- **Dental** How many Dentists accept Medicaid? What is the wait time for Medicaid clients? Are there bilingual providers?
- **Housing** not enough, which feeds other problems
- **Mental Health** are there bilingual providers and play therapy/trauma-informed play? Do adults understand how much mental distress is being experienced by youth?
- Childcare need more data, child care is the backbone of everything
- **Data quality/limitations** frustrated that there is aways a delay in data being published, questions around response bias, there may be a fear of giving data, especially from undocumented and minority populations, demographics can feel intrusive for some cultures, the Census does not accurately capture our community
- **Maternal Mortality** During which trimester are difficulties arising? Are there cultural barriers to care?



June 26, 2024

Where do you see gaps in our community resources compared to these issues?



- Transportation continues to grow as a problem. GIPS no longer able to bus
- **Policymakers/Voter** Concerns around voter registration, new barriers due to ID requirements, how can we prepare future Policymakers? Can we better educate community on how to be advocates and develop relationships with policymakers? How can we better get data to policymakers?
- Housing a lack of housing overall but also a huge affordability issue
- Lack of understanding of Medicaid and Medicare Medicare Advantage is a disaster for the elderly, hard to switch back, some places are actively encouraging people to switch back, many facilities may no longer accept it.
- Language barriers Lack of bilingual providers, lack of educational materials in one's own language
- Childcare for all ages- Lack of facilities and caregivers, Policymakers are not fully in tune with the problem, GIPS no longer serving 3 y/o for preschool due to funding



June 26, 2024

Participating organizations:

- Bryan Health Merrick Medical Center
- Bryan Health Grand Island Regional Medical Center
- Central District Health Department
- CHI St. Francis
- Hall County Juvenile Diversion
- Head Start
- Heartland Health Center
- Heartland United Way
- Region 3 Behavioral Health Services
- Sixpence Child Care Partnership



June 26, 2024

After the Data Review (pgs. 3-7), behavioral health and primary care partners were invited to stay to specifically discuss **Access to Care** barriers, challenges and strengths.

Participants were asked the following questions:

- Who is experiencing the biggest barriers to care and why?
- What are the main barriers these individuals and groups are facing?
- What are the strengths of our community related to access to care? What are the opportunities?

Pages 9-11 describe highlights from the discussion.



June 26, 2024

Who is experiencing the biggest barriers to care and why?



COMMENTS:

Newcomers

 Unfamiliar healthcare system for people to navigate, cultural differences, lack of Bilingual providers, cultural barriers, concerns about the health literacy of our services and educational materials

Rural Residents

 Stigma is still strong and keeps people from accessing behavioral health care, pride holds people back, satellite clinics may help get people easier access, the "my neighbor has it worse than me" mindset is also a barrier

Elderly

 Insurance confusion, concerns around technology literacy, health literacy, isolation



June 26, 2024

What are the main barriers these individuals/groups are facing?



COMMENTS:

Funding is gone (Budget Cuts)

- Population health coaches were hired and prioritized during the pandemic but there is no more funding for them, also lost funding for Community Health Workers
- Budget cuts especially impacted behavioral health resources, impacted Region
 3 Behavioral Health services and programs

• Bilingual providers

 Lack of bilingual providers to accommodate our Spanish-speaking community, definitely lack providers for our Arabic and Somali-speaking community members

Waitlists/Lack of Providers

 Behavioral Health waitlists, especially for youth, always a lack of dentists who accept Medicaid and the ones that do have long waitlists



June 26, 2024

What are the strengths of our community related to access to care?

- Integration of behavioral health care with primary care
- Increased satellite clinics may help with wait time/access
- Behavioral Health Education Center of Nebraska is investing money into recruitment and retention of Mental Health Practitioners.
- Mid-Plains Behavioral Health is expanding youth programs as well as opioid and alcohol treatment programs
- United Way has a "Save our Seniors" program to help with financial needs

What are the opportunities?

- Strengthen partnerships with schools
- Better tell our story (including data) to policymakers
- Continue to work together as a united front and increase the communication between organizations so that we are advocating for change all together



June 26, 2024

Participating organizations:

- Bryan Health Merrick Medical Center
- Central District Health Department
- CHI St. Francis
- Head Start
- Heartland Health Center
- Region 3 Behavioral Health Services
- Sixpence Child Care Partnership



September 19, 2024

CDHD invited partners to Community Survey & Consensus Workshop on September 19, 2024 from 1-4 pm. All participants were sent a Community Survey snapshot report prior to the meeting.

The meeting began with a presentation of survey results for the following questions (results shown on pgs. 14-16):

- What was the last major health issue you or your family experienced?
- What worries you most about the health of you or your family?
- Which of the following are the top 3 health concerns in your community? (Multiple Choice)
- What is something you do to be healthy?
- What would make your neighborhood a healthier place for you or your family?

After the data and survey review, Consensus Workshop was conducted during the second half of the meeting to identify potential answers to the following question:

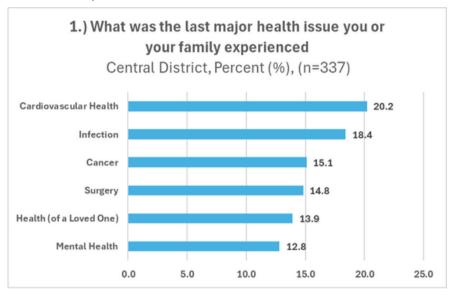
"What are 3-5 priority areas that need collective attention over the next 3 years to improve the community's health and well-being?"

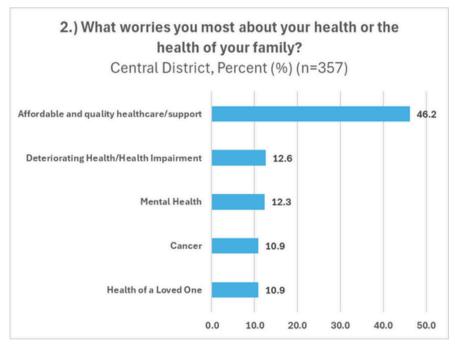
The following pages include high-level results from the community survey as well as a description of the process and outcomes of the workshop.



September 19, 2024

The community survey yielded over 600 responses from Hall, Hamilton and Merrick Counties.

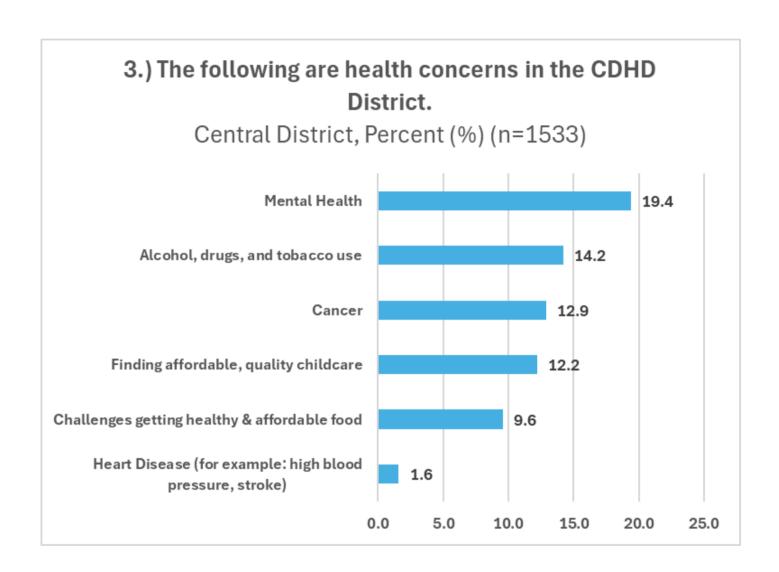




A Community Survey Snapshot Report is available upon request.



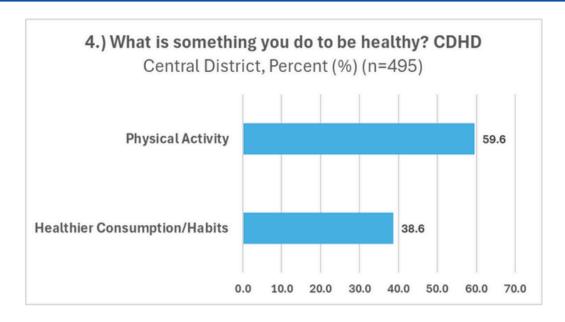
September 19, 2024

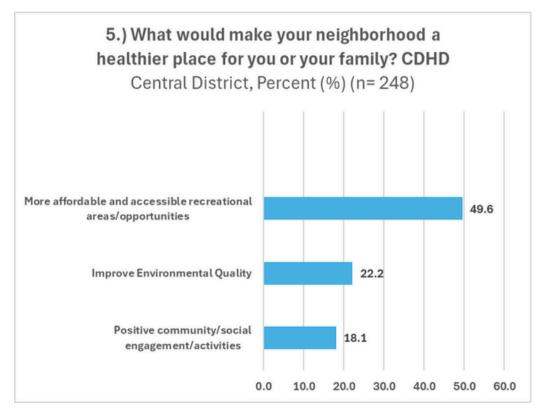


A Community Survey Snapshot Report is available upon request.



September 19, 2024





A Community Survey Snapshot Report is available upon request.



September 19, 2024

The goal of the second half of the meeting was to identify 3-5 priority areas for the 2025-2027 CHA. It was designed and facilitated based on the Technology of Participation Consensus Workshop.



Workshop question:

What are 3-5 priority areas that need collectively addressed over the next 3 years to improve the community's health and well-being?











The workshop was broken out into four sections, shown above. Pages 18-25 highlight key discussion points and/or decisions that were made during these stages.



September 19, 2024

CONTEXT

What information from the Data Gallery or Community Survey caught your attention?

- Hispanic/Latino respondents were more concerned about Diabetes
- Non-Hispanic/Latino respondents were more concerned about Cancer
- Youth Mental Health access is concerning
- Surprised that more affordable recreational opportunities was such a common response to Q5 - city is currently working on a Parks Master Plan
- There are large differences between Hall,
 Hamilton and Merrick needs/SVI score



September 19, 2024

CONTEXT

How does this information support or contradict your own work or personal experiences?

- My child needed mental health support. It took 1 month to get care even with good insurance and connections in the community
- These results would have looked similar 20 years ago the needs are still similar
- Who answered the survey is not who we are calling for STI interventions
- All of these issues match the needs of child care professionals
- This survey data is used for grant applications it proves how disadvantaged our area is. People assume Omaha is the highest needs city, but we can't let Omaha take all the federal funding.
- The "my neighbor has it worse" mentality keeps us from getting needed resources.



September 19, 2024

CONTEXT

What is at the root of these issues? What are some of the reasons our community is experiencing these problems?

- A lack of Child care impacts everything
- Housing also impacts everything. Only luxury apartments are being built
- Our community has grown but resources haven't changed - we just keep getting band-aids for the issues.
 What do we do to support what has changed?
- Lack of education and lack of awareness around health literacy
- People don't know how bad it is for Grand Island. We aren't shedding light on what needs fixed
- We need to better educate/inform the people who have the resources
- Homeless population is growing they can apply for housing but the applications are long and complex
- What is the earliest kids can get mental health help? We need earlier interventions
- Pediatric population is being prescribed melatonin to sleep - how does that impact their dependency as adults? What does that teach them?



September 19, 2024

CONTEXT

What is at the root of these issues? What are some of the reasons our community is experiencing these problems?

- We need to do a better job of collaborating across all sectors for these issues and include businesses
- Lack of things for people to do impacts the challenge of recruiting/retaining providers. More recreational/family opportunities would help.
- Nebraskans are resistant to change but we need to catch up
- We need more school support and more bilingual resources
- More trails are expensive one trail is \$1 million for the concrete
- We need more collaboration and advocacy
- Housing needs to be built at a loss as a state or by a nonprofit
- Efforts for improved transportation were vetoed by the governor - we need more civic engagement and to leverage other support
- Have to get senators in the room and make sure they are even aware of the issues
- Our older community does not recognize, talk about, or welcome newcomers
- Highway 30 needs to band together to highlight our needs (vs one city speaking out, which would lead to the "what is wrong with them"? judgement.)



September 19, 2024

BRAINSTORM

During brainstorming, participants were asked to list potential areas for focus and collaboration based on the data and community survey results. Brainstorming first happened individually, and then ideas were shared in small groups.

Individually (4 minutes)

- 1. Brainstorm 6-10 answers using index cards or your own paper
- 2. Star the ideas that are most important to you

In groups of 2-3: (6 minutes)

- 1. Share your "starred" ideas with your group
- 2. As a group, decide what your top 3-4 ideas
 - a. Write them on the Post-It Notes (1 idea per note).
 - b. Be as clear as possible! 7 words max!





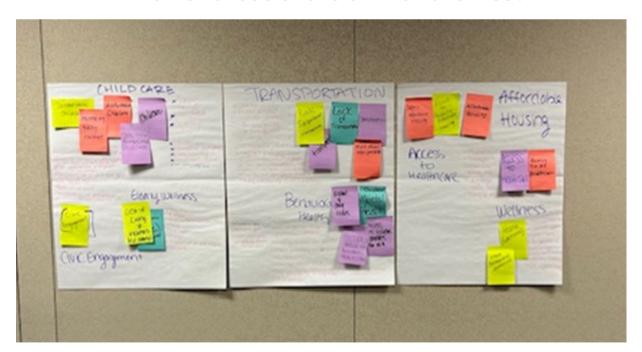
September 19, 2024

CLUSTERING

Each small group then selected their 2 clearest ideas. The facilitator collected each of these Post-it Notes, placed them on the wall, and read them aloud to all participants. Participants were given the opportunity to ask for clarification of each idea.

Then, the group collaboratively began clustering Post-It notes based on the question,

"Which of these share similar themes?"





September 19, 2024

NAMING

After all Post-It notes were clustered into categories, the group selected accurate names for each category.

During this process, the facilitator also wrote down details, potential strategies, and specific concerns that were mentioned by the group while trying to identify a name. These details were included in the information sent out to all partners to add context to these broad categories.

The final 8 clusters were named as follows:

Behavioral Health

Child Care

Affordable Housing

Elderly Wellness

Access to Health Care

Civic Engagement

Wellness

Transportation



September 19, 2024

Participating Organizations:

- Central District Health Department
- Central Nebraska Council on Alcoholism and Addictions
- CHI St. Francis
- City of Grand Island
- Head Start
- Nebraska Extension
- Sixpence Child Care Partnership



September 20-27, 2024

Next, CDHD created a Qualtrics Survey with the potential priority areas identified through the Consensus Workshop. This was sent out to all partners with a request that they vote for up to 5 areas they believed should be prioritized in the 2025-2027 CHIP.

Initially, the top 5 areas were to be finalized in the Consensus Building Workshop. However, due to low attendance at the workshop, CDHD decided to instead create and send a survey to all partners to vote for the priority areas.

On September 20, the survey was emailed to all partners involved in the June and/or September data review meetings. The survey closed on September 26.

The following pages outline the survey format, responses, and the participating organizations.



September 20-27, 2024

Which of the following areas of health should be collectively prioritized over the next few years? Please select up to 5 answers:

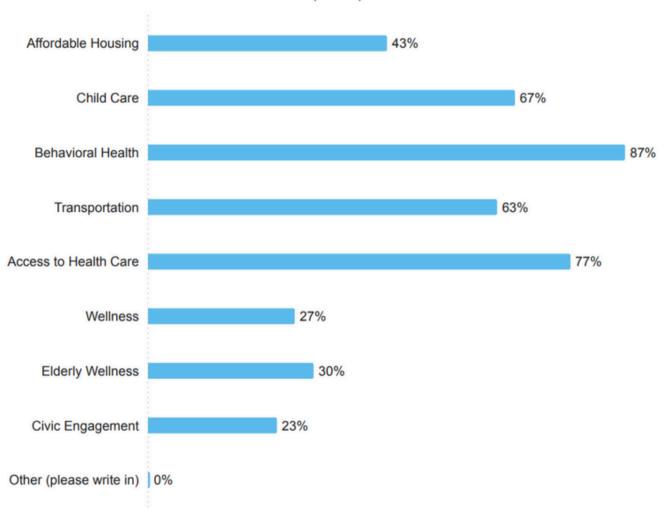
Access to Health Care (insurance and cost of care, transportation, retention and recruitment of providers, availability, language access, bilingual providers, health literacy, Traditional Medicare vs Advantage)	
Affordable Housing (high quality, safe)	
Child Care (quality, affordable, capacity, sustainability, licensing, professional development, unlicensed care, CDA pathway in High Schools)	
Elderly Wellness (the group emphasized that this is related to all other categories but needs to be a separate category and not an afterthought, transportation, behavioral health, access to health care, Medicare Traditional vs Advantage, housing, social support, access to food/meals, wellness)	
Behavioral Health (affordable, multilingual, education on stigma, prevention efforts, timely access to providers, more providers in schools, increased ☐ awareness, early childhood/social-emotional development, learning opportunities for parents like Common Sense Parenting & Circle of Security classes, culturally appropriate)	
Civic Engagement (better tell our story and community needs, break out of silos, advocate for people who can't speak for themselves, build relationships with policymakers, education on how to engage policymakers, empower community, build resilience to persist even after "no's", improve access to decision-makers in less formal settings, more community engagement and education)	
Transportation (safe, routine/reliable, affordable/free, multi-modal, include safe options for biking, walking, wheelchair users, etc., explore private partnerships, use data from City's past study to focus efforts, pursue a Walkability study)	
Wellness (public education, increased social support/connections, self-care, prevention-focused education, encouraging the whole community to care for selves and others, health literacy, recreational opportunities)	
Other (please write in and include details about the need/potential areas of focus):	

September 20-27, 2024

Results

Which of the following areas of health should be collectively prioritized over the next few years? Please select up to 5 answers:

(n=31)





September 20-27, 2024

Participating organizations:

- Association of Child Abuse Prevention (1 response)
- Central District Health Department (9 responses)
- Central Nebraska Council on Alcoholism and Addictions (1 response)
- CHI Health St. Francis (5 responses)
- City of Grand Island (1 response)
- Friendship House, Inc. (1 response)
- Hall County Juvenile Services (1 response)
- Head Start (2 responses)
- Heartland Health Center (2 responses)
- Memorial Community Health, Inc. (1 response)
- Merrick Medical Center (1 response)
- Multicultural Coalition (1 response)
- Nebraska Extension (2 responses)
- Sixpence Child Care Partnership (1 response)



September 30 - October 11, 2024

After identifying the top 5 priority areas to focus on for 2025-2027, CDHD created a second Qualtrics survey which asked partners to list resources and assets that could be mobilized in each of the newly identified priority areas.

Participants were also asked to select which sector they represent out of the following list:

Academic Institution/Higher Education
Business
Faith-based organization
Federally Qualified Health Center/Medical Clinic/Hospital
Government
Law enforcement/Judicial System
Cocal Health Department
Non-profit organization
State Health Department
Other (please write in)



September 30 - October 11, 2024

Please list resources and assets (i.e. organizations, coalitions, collaboratives, work groups, funding opportunities etc.) in Hall, Hamilton, and/or Merrick Counties related to improving the following areas for our communities:

Behavioral Health:
Access to Care:
Child Care:
Transportation:
Affordable Housing:
What other assets exist in Hall, Hamilton and/or Merrick Counties that support the community's health and well-being? (i.e. parks and recreation, farmers markets, public facilities, etc.)

September 30 - October 11, 2024

Results

Note: The results shown on the following pages are the direct responses to the survey questions and have not been edited. There are duplicates listed within each priority area because multiple respondents mentioned them.



September 30 - October 11, 2024

Results

Access to Care

- Friendship House Counseling Clinic has a sliding fee scale for those who have no insurance.
- Friendship House therapists go in to the schools to see youth to help with time and transportation barriers
- HEARTLAND HEALTH CENTER
- DHHS- Aging and Disability Resource Center (ADRC);
- CDHD
- Heartland Health
- CHI
- DHHS
- MMC
- Hope harbor.
- 211 number to connect people to help
- Continuum of Care
- UW Partner Agency meetings
- Welcoming Week
- Medical, to include family practice
- Pediatrics
- Women's health
- Dental offered but for emergent cases only due to extreme high demand.
- Critical access hospital and rural health clinics in Central City and Fullerton



September 30 - October 11, 2024

Results

Behavioral Health

- Behavioral Health Committee
- Friendship House Counseling Clinic
- Behavioral Health Subcommittee (facilitated by Connie Holmes at CNCAA)
- Sequential Intercept Model Workshop (hosted by Region 3 and including many behavioral health, corrections employees, etc.)
- GI H.E.L.P. Initiative
- Crediblemind (CDHD)
- School social workers
- N/A NO RESOURCES IN SPANISH
- Goodwill, 308-384-7896 ext261;
- Region 3 308-237-5113;
- Heartland Health Center 308-382-4297
- Heartland Health
- Lutheran Family services
- Hope Harbor
- Merrick Medical Center
- 988 number
- Local mental health practitioners
- St Francis Alcohol/Drug Treatment Willowbrook Mental Health Center

- The Friendship House
- the Friendship House Clinic
- Project JumpStart
- Mid Plains Center for Behavioral Health Srvs
- Council on Alcoholism and Addictions
- Prevention Project Coalition
- Tobacco Free Hall County
- CenCAP
- Crisis Stabilization Unit
- Behavioral Health Committee
- MAPS Coalition serving Merrick County
- COPE Coalition serving Hamilton County
- Mid-Plains Center for Behavioral Health
- Grand Island Mental Health
- ReVive Behavioral Health
- Boys Town Behavioral Health Mental Wellness
- Friendship House, Inc.
- Live Well Counseling Center
- Mindful Path LLC



September 30 - October 11, 2024

Results

Child Care

- YWCA Childcare Coalition
- Birth to 11 Committee
- C4K
- YWCA
- Creciendo
- Nebraska Children's Foundation
- First5Nebraska,
- CRECIENDO GROUP
- Childcare grant with CDHD
- DHHS
- DHHS
- YWCA
- Community for Kids
- Nebraska Children
- HeadStart.
- Childcare Coalition/Workgroup
- Health Department/H3C initiatives
- YWCA
- YMCA
- YWCA
- St Paul's Cornerstone Early Learning Center

- Cherry Park Creative Corner, LLC
- The Teaching Tree
- Creative Corner
- O'Connor Learning Center
- KDL Child Care Center
- Platee Valley Childrens Academy
- Karime Child Care LLC
- Angie's Busy Bees Child Care LLC
- Headstart
- Third City Chiristian Preschool
- Rainbow Club
- Blessed Sacrament Catholic Preschool
- Peace Lutheran Preschool
- Presbyterian Preschool
- Central City has Daycare that is full and is adding on.



September 30 - October 11, 2024

Results

Transportation

- Public transportation in Hall County
- Crane
- Bussing companies
- car rental companies in GI
- CRANE
- Public Hall County Public Transportation (HCPT) 308-385-5324, 304 East Third Street 2.
- **IntelliRide 844-531-3783
- **Veterans Disabled American Veterans Shuttle 308-389-5167
- ***MIdland Transit (merrick county) 888-997-1655
- **Crane 308-646-0069
- DHHS Medical Transportation
- Crane
- Heartland Medical Transportation.
- CRANE
- Vouchers
- Crane Public Transit
- Action Cab
- For our established patients only.
- Central City has some public transportation but does not work off hours.



September 30 - October 11, 2024

Results

Housing

- Grand Island housing coalition
- Builders (Starotska, Middleton, Steadfast)
- Economic development
- HABITAT
- Affordable Housing Hall County Housing Authority – 308-385-5530, 1834 West 7th Street
- Emergency / Evictions Hope
 Harbor 308-385-5190, 615 West
 1st St
- Legal Aid of Nebraska 308-381-0517, 1811 W. 2nd St., Suite 440
- Nebraska Dept. of Health and Human Services – 308-385-6100, 116
- South Pine Street Home
 Ownership Habitat for
 Humanities 308-385-5510, 502
 W 2nd St.
- Veterans Central Nebraska Community Action Partnership (CNCAP) – 308-385-5500, 2525 W.
- Lincoln Hwy. Dept. of Veterans Affairs – 308-395-3261, 2201 N. Broadwell Ave.
- HUD
- Riverside
- Cheery bark apartments

- CNCAP assist w/ rent
- Salvation Army help with rent
- St. Leo's Church rent assistance.
- State Rental Assistance
- subsidized housing
- · rehab projects
- rent & utility assistance
- Central Nebraska Community Action Partnership
- Hope Harbor
- Hall County Housing Authority
- The Salvation Army
- Heartland United Way
- crossroads Mission Avenue
- Central City Economic
 Development Corp. supports
 Central City and surrounding
 areas that do not have adequate
 housing for a community this
 size.
- Hospital has a difficult time recruiting staff due to a housing shortage, especially staff needing to take on-call. Hospital utilizes a rental property and hotel to house on-call staff. Local developers are quick to assist hospital with housing options.



September 30 - October 11, 2024

Results

Additional Resources & Assets that support the community's health and well-being:

- Fitness Center in Central City
- recreation opportunities thru parks and rec
- food boxes offered by numerous entities throughout the year,
- Project Connect,
- PTA organizations
- CCC physical therapy org
- city council/city parks
- Island oasis,
- NEP PROGRAM -HEALTH DEPARTMENT
- Shelters: Hope Harbor, Crossroad
- CDHD Emergency only (hotels voucher)
- Local churches assist w/ food boxes, and rent
- Farmers markets
- public bike and hike trails
- Parks,
- Third City Community Clinic
- BoyScouts
- Girl Scouts
- TeamMates
- BBBS (Big Brothers Big Sisters)
- Multicultural Coalition
- Lutheran Family Services



September 30 - October 11, 2024

Results

Additional Resources & Assets that support the community's health and well-being:

- City Parks
- Soccer fields
- Schools in Hall, Hamilton, Merrick Counties and the extracurricular activity opportunities
- HeadStart
- Senior Citizen Centers
- Hospitals in Hall, Hamilton, and Merrick Counties
- Churches in Hall, Hamilton and Merrick Counties
- Food Distribution efforts
- Food Pantries
- Backpack programs
- Heartland United Way
- Community Foundations in Hall, Hamilton, Merrick Counties
- Volunteerism
- Bryan Health Merrick Medical Thrift Store is a huge asset to the surrounding communities as many people shop for necessities and in turn, gives profits back to the community in support funds.
- Central City has a wellness/fitness center with pool, etc.
- CCHS has the Dome for disaster preparedness.
- MMC provides many forms of wellness education & events, lab fairs, exercise events, etc.

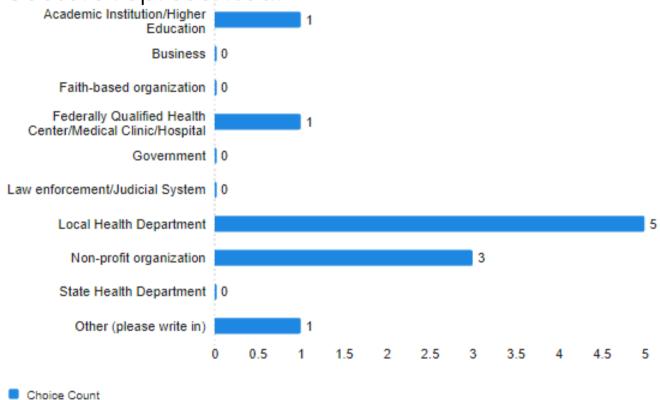


September 30 - October 11, 2024

Results

n = 11

Sectors represented:







THANK YOU!



Your involvement and dedication to our collaboration efforts are improving the health of our community!